

Do you agree with Thomas Watson? We often do not think of the incarnation as a humiliating act, but for the Lord of Glory, descending from perfection in heaven into a human body with all the pains and lowliness is a steeper descent than we can imagine. What are some of the reasons that the lowliness of Christ gives you hope?

## - hymn of praise

O heavenly Word, Eternal Light, Begotten of the Father's Might, Who in these latter days art born, For succour to a world forlorn. Our hearts enlighten from above, And kindle with Thine own true love, That we, who hear Thy call today, May cast earth's vanities away. And when as Judge Thou drawest nigh, The secrets of our hearts to try, When sinners meet their awful doom, And Saints attain their heavenly home.

O let us not, for evil past, Be driven from Thy Face at last, But with the blessèd evermore, Behold Thee, love Thee, and adore. To God the Father, God the Son, And God the Spirit, Three in One, Praise, honor, might and glory be From age to age eternally. I Ambrose